



## **Buffalo Chicken Mac & Cheese Bowl**

Tender diced chicken tossed in a zesty buffalo sauce and served atop a rich 'n creamy macaroni and cheese with roasted fajita pepper strips, diced tomatoes, sliced green onions and garlic.

*Servings: 10 Mac & Cheese Bowls (1 per serving)*

<b>Ingredients</b>	<b>Amount</b>	<b>Amount</b>
Tyson® Diced Chicken Meat #46012-928	10 oz.	2 ¾ C
Buffalo Wing Sauce	2.95 oz.	? C
Whole Grain Macaroni & Cheese, comm. prepared	50 oz.	2? qts.
IQF Green Bell Pepper Strips	3.80 oz.	1 C
IQF Red Bell Pepper Strips	3.80 oz.	1 C
Diced Tomatoes, canned, drained thoroughly	3.80 oz.	½ C
Green Onions, fresh, thinly sliced	1.10 oz.	½ C
Granulated Garlic		2 tsp

### **DIRECTIONS:**

1. Mix the frozen diced chicken meat and the buffalo wing sauce in a mixing bowl. Transfer the sauced diced chicken to a sheet pan lined with parchment paper sprayed with cooking spray. Heat the pan of diced chicken uncovered in a preheated 350°F convection oven for 10-12 minutes, stirring halfway through heating, or until the minimum internal temperature reaches 165°F.
2. Heat the commercially prepared whole grain macaroni & cheese according to the manufacturer's instructions.
3. Next arrange the IQF green and red bell pepper strips on a sheet pan lined with parchment paper. Roast the pepper strips uncovered in a preheated 350°F convection oven, stirring halfway through roasting, for 12-14 minutes, or until the peppers are beginning to lightly brown. Hold the roasted bell pepper strips covered in a hot box at 145°F until ready to use.
4. Combine the heated macaroni & cheese, roasted bell pepper strips, diced tomatoes, sliced green onions and granulated garlic in a mixing bowl and gently mix together until thoroughly combined. Hold the prepared macaroni & cheese covered in a hot box at 145°F until ready to serve.
5. To serve the mac & cheese bowls portion 1-cup (approx. two 4-oz spoodles) of the prepared macaroni & cheese into individual serving bowls. Top each bowl of macaroni & cheese with a packed ?-cup (approx. one 1-oz spoodle) of the buffalo glazed diced chicken. Serve the bowls immediately or hold the built mac & cheese bowls covered in a hot box at 145°F until ready to serve. One Buffalo Chicken Mac & Cheese Bowl per serving.

## **TYSON® PRODUCTS USED:**

#46012-928, FC 100% All Natural\*, Low Sodium Diced Natural Proportion 60/40 White/Dark Meat, 1/2

Sku Number: 46012-928

CN Portion	2.3 oz.
M/MA (oz)	2.00
Grain (oz)	0.00
Vegetable (oz)	0.00
Calories	100
Total Fat (g)	4.00
Saturated Fat (g)	1.00
Sodium (mg)	95
Carbs (g)	1
Protein (g)	14

