



The Double Play

Crispy chicken filet lightly glazed with a sweet 'n sour pineapple sauce and serve on a toasted whole grain bun with a crisp and cool Asian-style slaw.

Servings: 10 chicken sandwiches (1 per serving)

Ingredients	Amount	Amount
Tyson® WG Breaded Golden Crispy MWWM Filets #70302-928		10 ea.
Whole Grain Hamburger Buns, split		10 ea.
Asian-Style Slaw (see sub-recipe)	1.40 lb.	2½ C
Sweet 'n Sour Pineapple Sauce (see sub-recipe)	11.40 oz.	1¼ C

DIRECTIONS:

1. Arrange the frozen crispy filets on a sheet pan lined with baking paper and cover tightly with aluminum foil. Heat the filets covered in a preheated 350°F convection oven for 12-14 minutes, or until the minimum internal temperature reaches 165°F. Toss the heated filets with the prepared sweet 'n sour pineapple sauce until they are evenly coated in sauce.
2. Lightly toast the buns in a preheated 350°F convection oven for 1-2 minutes.
3. To build the sandwiches arrange 1 sauced filet on the bottom half of each bun. Hold the sandwiches loosely covered in a hot box at 145°F. When ready to serve, top each filet with ¼-cup (approx. 2-oz) of the prepared Asian-style slaw. Close each sandwich and serve. One Double Play per serving.

TYSON® PRODUCTS USED:

#70302-928, Tyson® WG Breaded Golden Crispy MWWM Filets

Asian-Style Slaw

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Yield: 2½-cups (approximately 1.40-pounds)

Ingredients	Amount	Amount
Napa Cabbage, fresh, finely shredded	6 oz.	8 C

Green Cabbage, fresh, finely shredded	6 oz.	4 C
Matchstick Carrots	6 oz.	3 C
Cilantro, fresh, chopped	0.50 oz.	½ C
Lemon Juice	3 fl. oz.	
Soy Sauce, low-sodium	1½ fl. oz.	
Brown Sugar, light		1 Tbsp.

DIRECTIONS:

1. Combine ALL the ingredients in a mixing bowl and gently mix together until combined well.

Sweet ‘n Sour Pineapple Sauce

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Yield: 1¼-cups (approximately 11.40-ounces)

Ingredients	Amount	Amount
Sweet & Sour Sauce	8.60 oz.	1 C
Crushed Pineapple, canned	2.80 oz.	¼ C

DIRECTIONS:

1. Combine ALL the ingredients in a mixing bowl and gently mix together until combined well.

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CN Portion	1 piece
M/MA (oz)	2.00
Grain (oz)	1.00
Vegetable (oz)	0.00
Calories	200
Total Fat (g)	9.00
Saturated Fat (g)	1.50
Sodium (mg)	290
Carbs (g)	9
Protein (g)	19

