



Hot 'N Spicy Boneless Wings with Seasoned Ranch Dipping Sauce

Hot 'n spicy breaded boneless chicken wings served with a seasoned ranch dipping sauce that includes green onions, garlic and black pepper.

SERVINGS: 10 boneless wing boats (1 per serving)

Ingredients	Amount
Tyson® Whole Grain Breaded Hot 'N Spicy BNLS Wings #70372-928	50 ea.
Seasoned Ranch Dipping Sauce Cups (see sub-recipe)	10 ea.

DIRECTIONS:

1. Arrange the frozen hot 'n spicy boneless wings on a sheet pan lined with parchment paper. Heat the boneless wings uncovered in a preheated 350°F convection oven for 10-14 minutes, or until the minimum internal temperature reaches 165°F and the breading is crispy.

TYSON® PRODUCTS USED:

#70372-928, Tyson® Whole Grain Breaded MWWM Hot 'N Spicy Boneless Wings

Seasoned Ranch Dipping Sauce Cups

Hot 'N Spicy Boneless Wings with Seasoned Ranch Dipping Sauce

SERVINGS: 10 boneless wing boats (1 per serving)

Ingredients	Amount
Ranch Dressing, light	1¼ C
Hot Sauce	¾ Tbsp.
Green Onions, fresh, finely minced	3 Tbsp.
Garlic Powder	2 tsp

Ground Black Pepper

2 tsp

DIRECTIONS:

1. Combine all the ingredients in a mixing bowl and whisk together until thoroughly combined.

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CN Portion	5 pieces
M/MA (oz)	2.00
Grain (oz)	1.00
Vegetable (oz)	0.00
Calories	200
Total Fat (g)	10.00
Saturated Fat (g)	2.00
Sodium (mg)	340
Carbs (g)	10
Protein (g)	19

